

Mandag	Bane 1		Bane 3		Bane 5		Bane 2	Bane 4	Bane 6	Bane 7	Mandag		
	1A (8:8)	1B (8:8)	3A (8:8)	3B (8:8)	5A (8:8)	5B (8:8)	2A+2B (5:5)		6C (5:5)				
16:00 - 16:30	U8 D 16:00-17:30 2019						Hekla Heroes 16:00-17:00				16:00 - 16:30		
									16:30 - 17:00				
17:00 - 17:30			U11 D 17:00-18:30 2016		U12 D 17:00-18:30 2015						17:00 - 17:30		
17:30 - 18:00	U 13 D 17:30-19:00 2014										17:30 - 18:00		
18:00 - 18:30	U 17 D 19:00-21:00 2010/2011		Dame 11:11 18:30-20:00 U19P/Senior		Kamp						18:00 - 18:30		
			Dame 7:7 19:00-20:30 Senior						18:30 - 19:00				
									19:00 - 19:30				
									19:30 - 20:00				
20:00 - 20:30					Kamp						20:00 - 20:30		
20:30 - 21:00											20:30 - 21:00		
Tirsdag	Bane 1		Bane 3		Bane 5		Bane 2	Bane 4	Bane 6	Bane 7	Tirsdag		
	1A (8:8)	1B (8:8)	3A (8:8)	3B (8:8)	5A (8:8)	5B (8:8)	2A+2B (5:5)		6C (5:5)				
15:30 - 16:00											15:30 - 16:00		
16:00 - 16:30	U 7/6 Mix 16:00-17:30 2020/2021		Hekla Arena 15:30-17:00								16:00 - 16:30		
							U9 P 16:30-17:30			16:30 - 17:00			
17:00 - 17:30			U14 APF 17:00 - 19:00 2013		U12 P 17:00-18:30 2015		U11 P 17:00-18:30 2016		U10 P 17:00-18:30 2017	U10 D 17:30-19:00 2017	17:00 - 17:30		
17:30 - 18:00												17:30 - 18:00	
18:00 - 18:30	U13 APF 17:30-18:00 2014				U16 APF 18:30-20:00 2011/2012					18:00 - 18:30			
18:30 - 19:00	Kamp		Herre Senior + U19 D 19:00-21:00 Senior				HS 7 M 19:00-21:00 Senior				18:30 - 19:00		
19:00 - 19:30										19:00 - 19:30			
19:30 - 20:00										19:30 - 20:00			
20:00 - 20:30							Kamp	Kamp			20:00 - 20:30		
20:30 - 21:00											20:30 - 21:00		
Onsdag	Bane 1		Bane 3		Bane 5		Bane 2	Bane 4	Bane 6	Bane 7	Onsdag		
	1A (8:8)	1B (8:8)	3A (8:8)	3B (8:8)	5A (8:8)	5B (8:8)	2A+2B (5:5)		6C (5:5)				
16:00 - 16:30	FCK 16:00-18:00										16:00 - 16:30		
										16:30 - 17:00			
16:30 - 17:00			U 12 D 17:00-18:30 2015		U12 D eller Kamp		U11 D 17:00-18:30 2016		U9 D 16:30-18:30 2018		Dame Fitness 17:00-18:30 Senior	17:00 - 17:30	
17:00 - 17:30												17:30 - 18:00	
17:30 - 18:00	U13 D 18:00-19:30 2014				U15 D 18:30-20:00 2012/2013		40+ H 18:30-21:00 Old Boys		45+ H 18:30-21:00 Old Boys		18:00 - 18:30		
18:00 - 18:30	U 17 D 19:30-21:30 2010/2011		45+ eller kamp		Kamp						18:30 - 19:00		
18:30 - 19:00											19:00 - 19:30		
19:00 - 19:30											19:30 - 20:00		
19:30 - 20:00											20:00 - 20:30		
20:00 - 20:30					Kamp	Kamp					20:30 - 21:00		
20:30 - 21:00											21:00 -		
21:00 -													
Torsdag	Bane 1		Bane 3		Bane 5		Bane 2	Bane 4	Bane 6	Bane 7	Torsdag		
	1A (8:8)	1B (8:8)	3A (8:8)	3B (8:8)	5A (8:8)	5B (8:8)	2A+2B (5:5)		6C (5:5)				
15:00 - 15:30											15:00 - 15:30		
15:30 - 16:00			Hekla + D 15:00-17:00		FCK 15:00-17:00						15:30 - 16:00		
16:00 - 16:30											16:00 - 16:30		
16:30 - 17:00	U13 APF 17:30-19:00 2014						U14 APF 17:00-19:00 2013		U10 P 17:00-18:30 2017		U8 P 16:30-18:00 2019		16:30 - 17:00
17:00 - 17:30													17:00 - 17:30
17:30 - 18:00	U13 APF eller Kamp				U12 P 17:00-18:30 2015		U11 P 17:00-18:30 2016				17:30 - 18:00		
18:00 - 18:30					U16 APF 18:30-20:00 2011/2012						18:00 - 18:30		
18:30 - 19:00	Kamp		Herre Senior + U19 D 19:00-21:00 Senior/U19 D				32+ H 19:00-21:00 Senior				18:30 - 19:00		
19:00 - 19:30										19:00 - 19:30			
19:30 - 20:00										19:30 - 20:00			
20:00 - 20:30							Kamp	Kamp			20:00 - 20:30		
20:30 - 21:00											20:30 - 21:00		
21:00 -											21:00 -		
Fredag	Bane 1		Bane 3		Bane 5		Bane 2	Bane 4	Bane 6	Bane 7	Fredag		
	1A (8:8)	1B (8:8)	3A (8:8)	3B (8:8)	5A (8:8)	5B (8:8)	2A+2B (5:5)		6C (5:5)				
16:00 - 16:30	Hekla Xtra 16:00-18:30										16:00 - 16:30		
									16:30 - 17:00				
16:30 - 17:00											17:00 - 17:30		
17:00 - 17:30											17:30 - 18:00		
17:30 - 18:00											18:00 - 18:30		
18:00 - 18:30			Kamp		Kamp						18:30 - 19:00		
18:30 - 19:00											19:00 - 19:30		
19:00 - 19:30											19:30 - 20:00		
19:30 -											19:30 -		

Lørdag	Bane 1		Bane 3		Bane 5		Bane 2	Bane 4	Bane 6	Bane 7	Lørdag	
	1A (8:8)	1B (8:8)	3A (8:8)	3B (8:8)	5A (8:8)	5B (8:8)	2A+2B (5:5)	4G+4H+4I (3M)	6C (5:5)			
9:00 - 9:30			U7 P+D (2020)		U9D (2018)		Tumle (2023+2024)	U7 D+P (2020)		U5 MIX (2022)	9:00 - 9:30	
9:30 - 10:00			09:00 - 10:00	U10D (2017)	09:00 - 10:00		09:00 - 10:00	09:00 - 10:00	U10D (2017)	09:00 - 10:00	9:30 - 10:00	
10:00 - 10:30	Kamp		U8D (2019)	09:30 - 11:00	U9/U8 P (2018/2019)	Kamp	U8 D (2019)	U6 MIX (2021)	09:30 - 11:00		10:00 - 10:30	
10:00 - 11:00			10:00 - 11:00		10:00 - 11:00		10:00 - 11:00			10:30 - 11:00		
11:00 - 11:30												11:00 - 11:30
11:30 - 12:00											11:30 - 12:00	
12:00 - 12:30	Kamp		Kamp		Kamp						12:00 - 12:30	
12:30 - 13:00											12:30 - 13:00	
13:00 - 13:30											13:00 - 13:30	
13:30 - 14:00	Kamp		Kamp		Kamp						13:30 - 14:00	
14:00 - 14:30											14:00 - 14:30	
14:30 - 15:00											14:30 - 15:00	
15:00 - 15:30											15:00 - 15:30	
15:30 -											15:30 -	
Søndag	Bane 1		Bane 3		Bane 5		Bane 2	Bane 4	Bane 6	Bane 7	Søndag	
	1A (8:8)	1B (8:8)	3A (8:8)	3B (8:8)	5A (8:8)	5B (8:8)	2A+2B (5:5)		6C (5:5)			
9:00 - 9:30											9:00 - 9:30	
9:30 - 10:00											9:30 - 10:00	
10:00 - 10:30	Kamp	Kamp	Kamp	Kamp	Kamp	Kamp					10:00 - 10:30	
10:30 - 11:00												10:30 - 11:00
11:00 - 11:30												11:00 - 11:30
11:30 - 12:00	Kamp		Kamp		Kamp						11:30 - 12:00	
12:00 - 12:30											12:00 - 12:30	
12:30 - 13:00											12:30 - 13:00	
13:00 - 13:30	Kamp		Kamp		Kamp						13:00 - 13:30	
13:30 - 14:00											13:30 - 14:00	
14:00 - 14:30											14:00 - 14:30	
14:30 - 15:00	Kamp		Kamp		Kamp						14:30 - 15:00	
15:00 - 15:30											15:00 - 15:30	
15:30 -												

